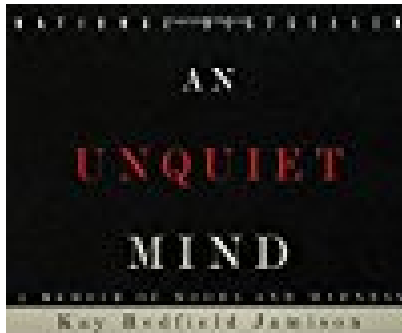


# An Unquiet Mind A Memoir of Moods and Madness

---



"An unquiet mind is one that knows  
its own darkness and light,  
and is not afraid of either."  
—Kay Redfield Jamison



## BOOK DETAILS

- Author : Kay Redfield Jamison
- Pages : 224 Pages
- Publisher : Vintage
- Language : English
- ISBN : 0679763309

[↓ DOWNLOAD](#)

## BOOK SYNOPSIS

WITH A NEW PREFACE BY THE AUTHOR In her bestselling classic, *An Unquiet Mind*, Kay Redfield Jamison changed the way we think about moods and madness. Dr. Jamison is one of the foremost authorities on manic-depressive (bipolar) illness; she has also experienced it firsthand. For even while she was pursuing her career in academic medicine, Jamison found herself succumbing to the same exhilarating highs and catastrophic depressions that afflicted many of her patients, as her disorder launched her into ruinous spending sprees, episodes of violence, and an attempted suicide. Here Jamison examines bipolar illness from the dual perspectives of the healer and the healed, revealing both its terrors and the cruel allure that at times prompted her to resist taking medication. *An Unquiet Mind* is a memoir of enormous candor, vividness, and wisdom—a deeply powerful book that has both transformed and saved lives. From the Trade Paperback edition.

**AN UNQUIET MIND A MEMOIR OF MOODS AND MADNESS** - Are you looking for Ebook *An Unquiet Mind A Memoir Of Moods And Madness*? You will be glad to know that right now *An Unquiet Mind A Memoir Of Moods And Madness* is available on our online library. With our online resources, you can find *Applied Numerical Methods With Matlab Solution Manual 3rd Edition* or just about any type of ebooks, for any type of product.

Best of all, they are entirely free to find, use and download, so there is no cost or stress at all. *An Unquiet Mind A Memoir Of Moods And Madness* may not make exciting reading, but *Applied Numerical Methods With Matlab Solution Manual 3rd Edition* is packed with valuable instructions, information and warnings. We also have many ebooks and user guide is also related with *An Unquiet Mind A Memoir Of Moods And Madness* and many other ebooks.

We have made it easy for you to find a PDF Ebooks without any digging. And by having access to our ebooks online or by storing it on your computer, you have convenient answers with *An Unquiet Mind A Memoir Of Moods And Madness*. To get started finding *An Unquiet Mind A Memoir Of Moods And Madness*, you are right to find our website which has a comprehensive collection of manuals listed.