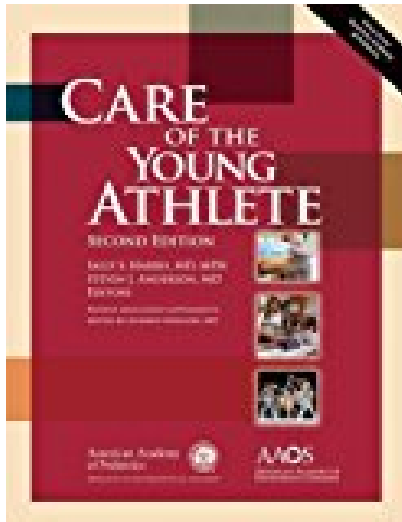


Care of the Young Athlete



BOOK DETAILS

- Author : American Academy of Pediatrics Council on Sports Medicine
- Pages : 612 Pages
- Publisher : American Academy of Pediatrics
- Language : English
- ISBN : 1581103042

 [DOWNLOAD](#)

BOOK SYNOPSIS

This best-selling resource gives you an easy-to-use, one-stop guide to all aspects of childhood sports preparation, participation, and injury treatment. The newly enhanced and updated second edition covers safety and risk-management considerations; procedural how-tos for the preparticipation physical examination; the latest treatment recommendations on proper nutrition for athletes; proven injury prevention guidelines; detailed treatments for dozens of injuries; and more. Topics have been selected to reflect the health and safety issues most likely to be encountered by primary care practitioners. Numerous color photos and illustrations bring the authoritative text to life. New in the 2nd edition! New Bonus full-color signs and symptoms poster All-new chapters on nutrition and weight control; performance-enhancing substances; risks of injury during sports participation; acute and overuse shoulder injuries Important new findings on issues specific to the female athlete Contents include: Assessing physical and emotional readiness for athletic participation Effects of training and competition on child development Nutrition, weight loss, and performance-enhancing substances Athletic participation for physically challenged children Evaluation and treatment of both medical and musculoskeletal injuries Guidelines for returning to athletics after injury Recommendations for specialty referral

CARE OF THE YOUNG ATHLETE - Are you looking for Ebook Care Of The Young Athlete? You will be glad to know that right now Care Of The Young Athlete is available on our online library. With our online resources, you can find Applied Numerical Methods With Matlab Solution Manual 3rd Edition or just about any type of ebooks, for any type of product.

Best of all, they are entirely free to find, use and download, so there is no cost or stress at all. Care Of The Young Athlete may not make exciting reading, but Applied Numerical Methods With Matlab Solution Manual 3rd Edition is packed with valuable instructions, information and warnings. We also have many ebooks and user guide is also related with Care Of The Young Athlete and many other ebooks. We have made it easy for you to find a PDF Ebooks without any digging. And by having access to our ebooks online or by storing it on your computer, you have convenient answers with Care Of The Young Athlete. To get started finding Care Of The Young Athlete, you are right to find our website which has a comprehensive collection of manuals listed.