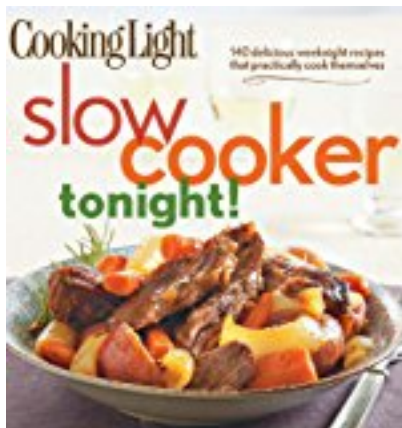


Cooking Light Slow-Cooker Tonight! 140 delicious weeknight recipes that practically cook themselves



BOOK DETAILS

- Author : Editors of Cooking Light
- Pages : 276 Pages
- Publisher : Oxmoor House
- Language : English
- ISBN : 0848736575

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BOOK SYNOPSIS

For delicious make-ahead meals, nothing beats a crock-pot. *Cooking Light's Slow Cooker Tonight!* is your perfect source for recipes that transform simple ingredients into filling, flavorful dishes. Inside you'll find: 140 delicious dishes ranging from appetizers and beverages to meats, poultry, sides, and desserts. Dozens of ingredient and technique tips throughout to ensure superior slow-cooker recipes every time you cook. A nutritional analysis with each recipe to help you make smart, healthful choices that fit your lifestyle. A special Cooking Class chapter focusing on how to make the most of your slow cooker—including how to shop for the best equipment, keep your foods safe, and quickly clean your pot.

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