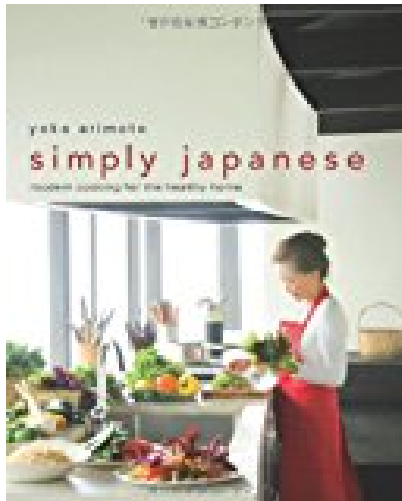


# Simply Japanese Modern Cooking for the Healthy Home

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## BOOK DETAILS

- Author : Yoko Arimoto
- Pages : 160 Pages
- Publisher : Kodansha USA
- Language : English
- ISBN : 4770031025

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## BOOK SYNOPSIS

Suitable for people taking their first step into Japanese cuisine, this book provides explanation of the Japanese eating style, from small serving bowls and chopsticks, to the Japanese philosophy of healthy eating. It illustrates the key points of each method with colour pictures. For people taking their first step into Japanese cuisine, the book provides a full explanation of the Japanese eating style, from small serving bowls and chopsticks, to the Japanese philosophy of healthy eating. Methods range from simple one-two-three steps, like learning to make your own teriyaki

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