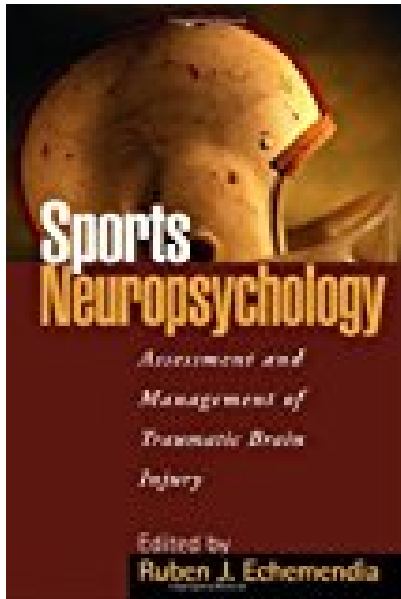


Sports Neuropsychology Assessment and Management of Traumatic Brain Injury



BOOK DETAILS

- Author :
- Pages : 324 Pages
- Publisher : The Guilford Press
- Language : English
- ISBN : 1572300787

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BOOK SYNOPSIS

In actual therapy sessions, the video shows Dr. Linehan teaching patients the use of such skills as mindfulness, distress tolerance, interpersonal effectiveness, and emotional regulation in order to manage extreme beliefs and behaviors. Viewers observe how Dr. Linehan and a team of therapists work through the range of problems and frustrations that arise in treatment.

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