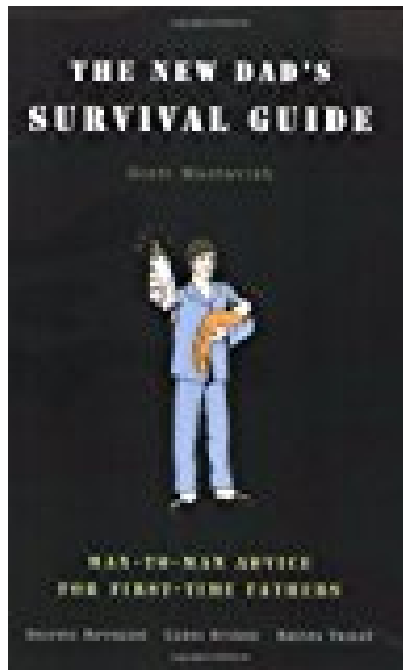


The New Dads Survival Guide Man-t-Man Advice for First-Time Fathers



BOOK DETAILS

- Author : Scott Mactavish
- Pages : 132 Pages
- Publisher : Little, Brown and Company
- Language : English
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BOOK SYNOPSIS

FATHERHOOD DEMYSTIFIED! Finally-a manual for new dads that deciphers the immensely confusing world of fatherhood and gives crucial tips and advice from a mans point of view. No psychobabble, no warm fuzzies-just a hilarious (and surprisingly practical) military-style guide to surviving and thriving through even the queasiest moments of pregnancy, birth, and babyhood. Seasoned father and master infant-tamer Scott Mactavish breaks the Baby Code down and lays it out in straight-up guyspeak. The New Dads Survival Guide includes declassified information on such topics as: * Cutting the Cord: The Moment of Truth * Feeding and Cleaning the NFU (New Family Unit) * Surviving Sleep Deprivation * Relieving Stress Without Booze * The Great Boob Irony * Pee, Poo, Hurl, and Snot: Getting Used to the Bodily Functions * Critical Survival Tips Never Before Revealed * Sex: Let the Games Begin Again...Finally * Dozens of Essential Terms Defined, Including Binky, Onesie, Diaper Genie, Passy, and Sippy Cup GRAB YOUR BOOTS AND STRAP ON YOUR HELMET! THE BABIES ARE COMING!

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